

Achieving Your Goals

Developing action plan

- Using a scale of 1-10 and considering my desire to achieve my goal in the right and perfect way and within my specified time frame, which action step dowses an 8 or above on the scale?

--> scale 10 is more optimal, 7 and 6 is a little effective but will require more effort, 5 is no loss but no gain, under 5 has negative effect

--> right and perfect = cost effective, fastest, most comfortable, most beneficial, everything comes together easily, most effortless
- Looking at the best strategy, is there only one action step on my list that I need to take to achieve my goal?
- Is there a combination of steps that will achieve 100% of the outcome? (If yes, identify how many, then identify which ones)
- Is there a combination of steps that will achieve the highest degree of success possible? (if yes, identify how many, then identify which ones)
- Have I identified 100% of the steps I need to take that will achieve the highest degree of success?
- How many of these action steps do I have to take for the right and perfect action plan?
- Does sequencing matter in regards to the benefits of these action steps?
- Would it be in my best interest to implement these action steps in a specific order or a certain combination?
- Which action step would be best to implement first?
- Which action step would be best to implement second? Etc.